

COAGULOPATHY AND TRANSFUSION STRATEGIES IN TRAUMA

Overwhelmed by literature, supported by weak evidence

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Special Conference

Il Patient Blood Management: non solo una questione di ferro e anemia

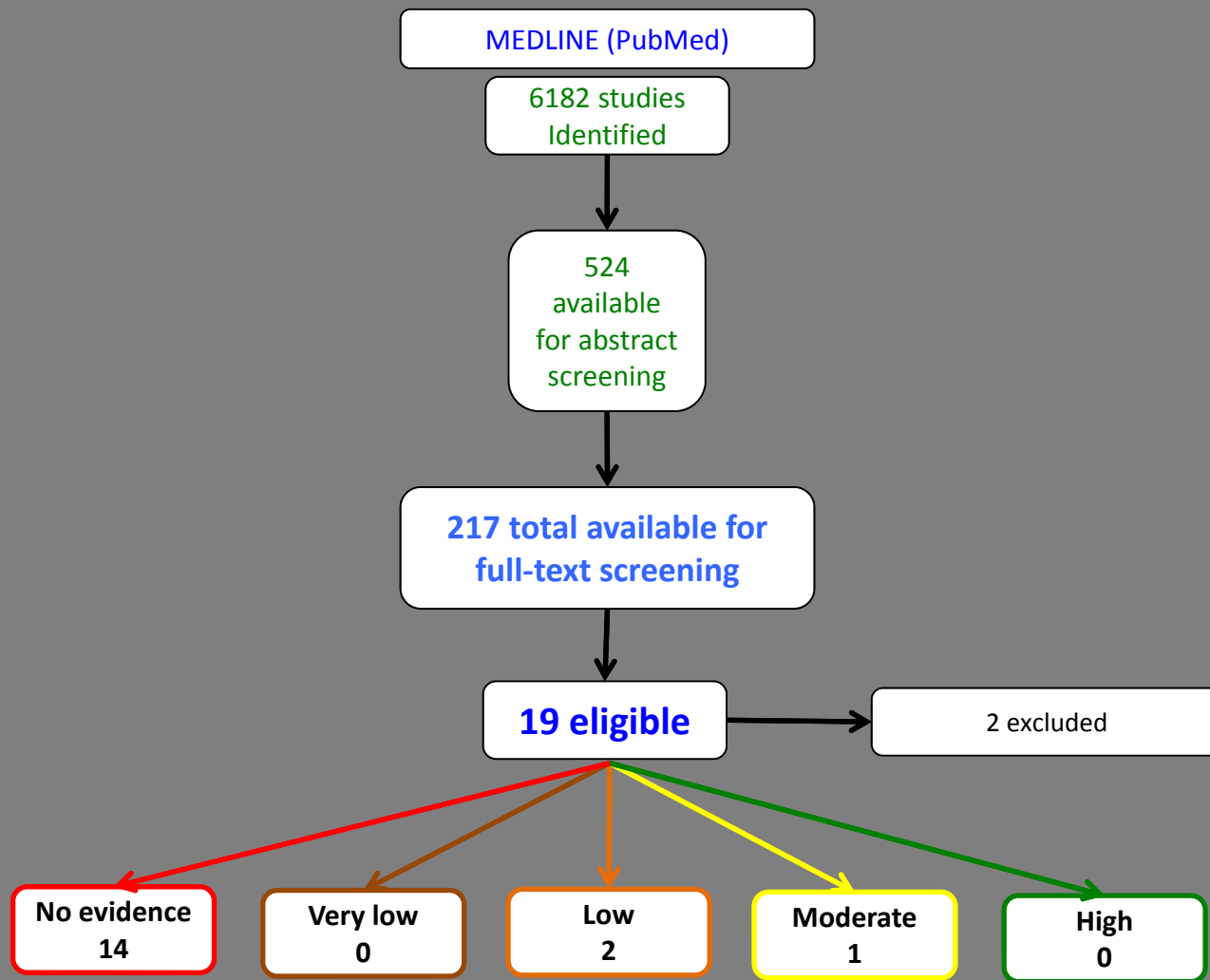
Roma, 15 ottobre 2015

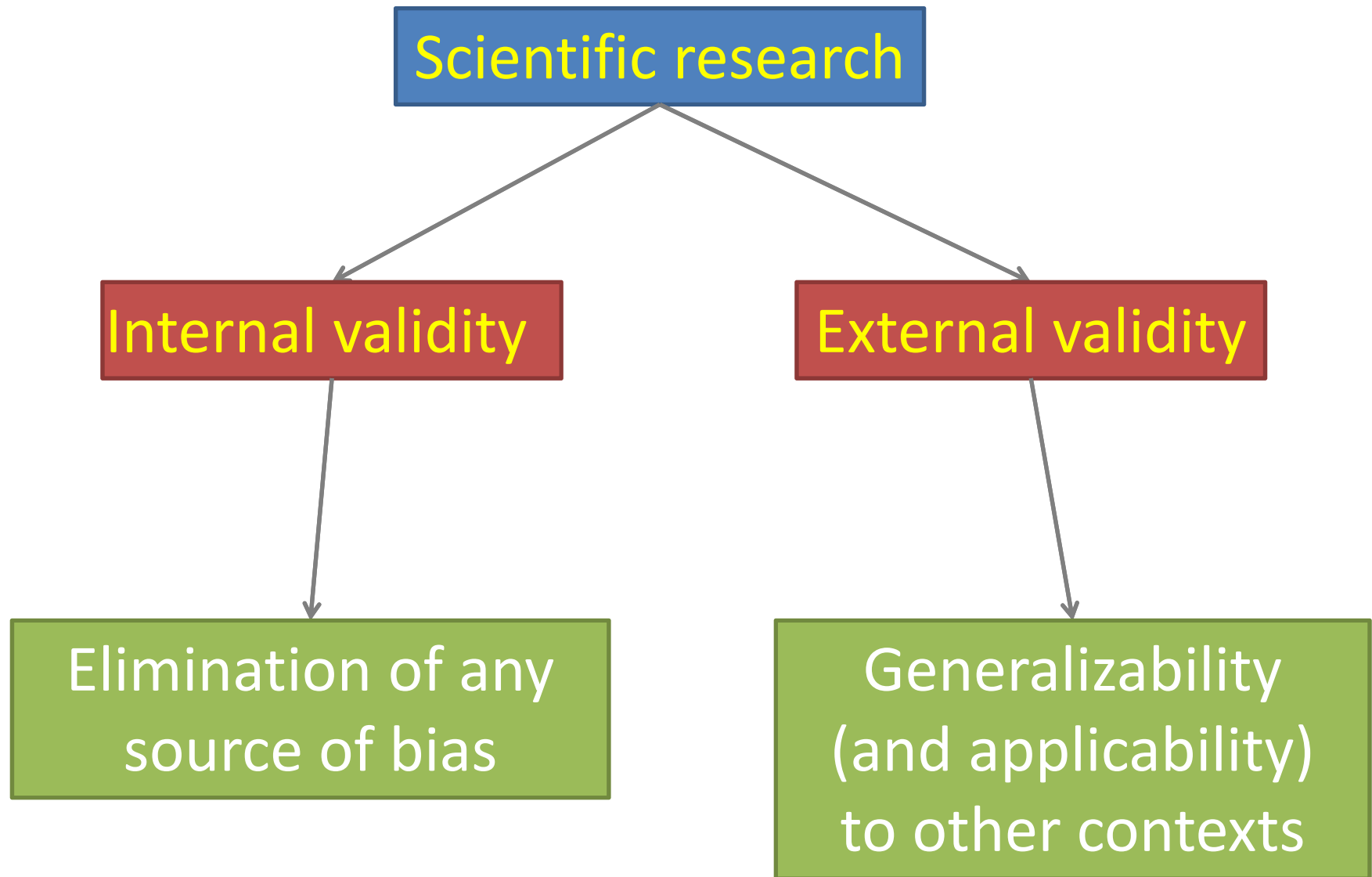
Il/La sottoscritto/a, in qualità di Relatore
dichiara che

nell'esercizio della Sua funzione e per l'evento in oggetto, DI NON ESSERE in alcun modo portatore di interessi commerciali propri o di terzi; e che gli eventuali rapporti avuti negli ultimi due anni con soggetti portatori di interessi commerciali non sono tali da permettere a tali soggetti di influenzare le mie funzioni al fine di trarne vantaggio.

La coagulopatia produce di per se emorragia e aumento della mortalità?

Trattare la coagulopatia riduce la mortalità?





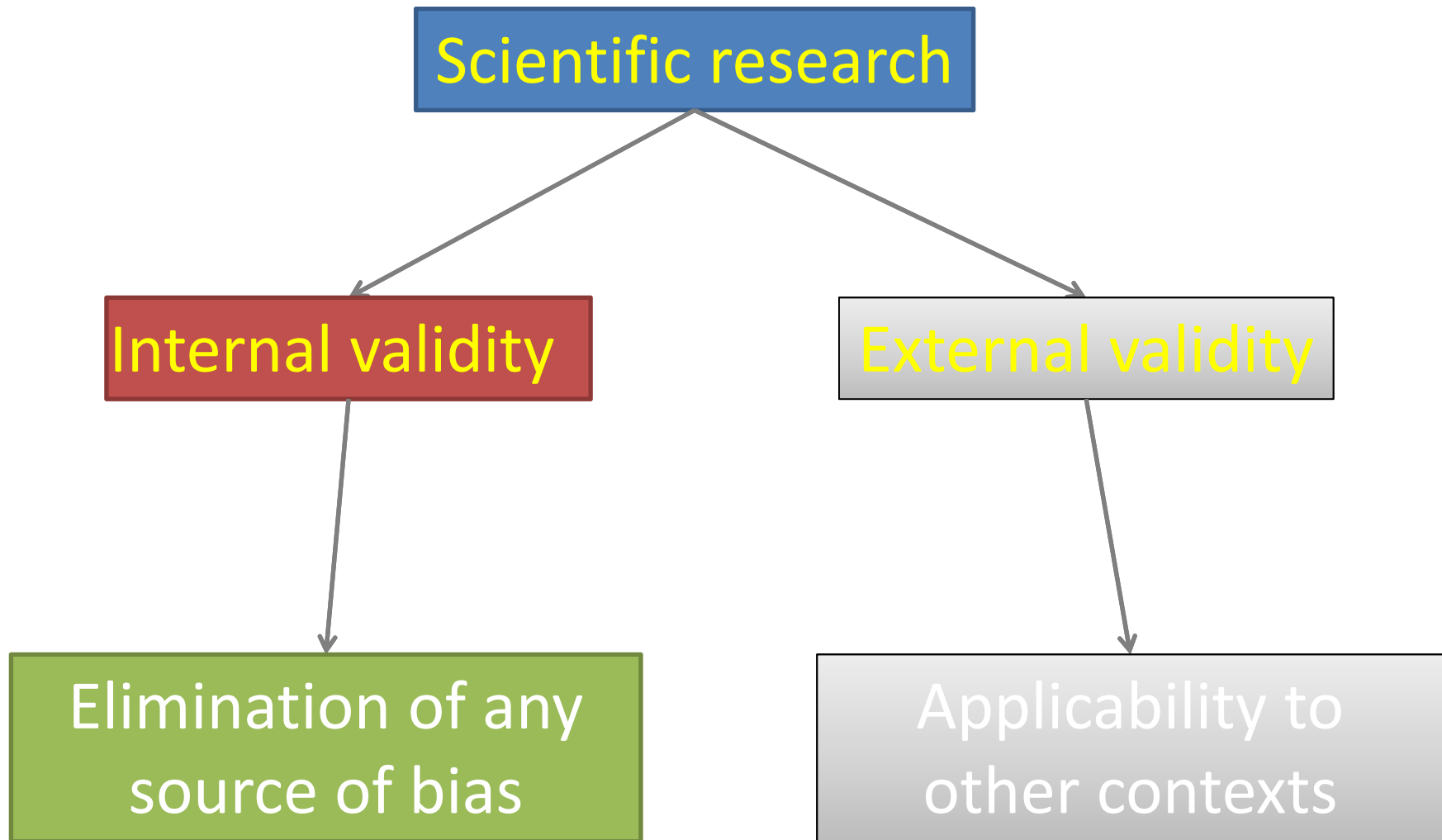
Scientific research

Internal validity

External validity

Elimination of any source of bias

Generalizability (and applicability) to other contexts



3 rapide regole per individuare la “cattiva” regressione logistica

1. Il numero di variabili per ogni evento (ad es. Morte) non deve essere < 10

CRITICAL CARE

Prevalence and impact of abnormal ROTEM[®] assays in severe blunt trauma: results of the ‘Diagnosis and Treatment of Trauma-Induced Coagulopathy (DIA-TRE-TIC) study’

H. Tauber¹, P. Innerhofer^{1*}, R. Breitkopf¹, I. Westermann¹, R. Beer², R. El Attal³, A. Strasak⁴
and M. Mittermayr¹

¹Clinic of Anaesthesiology and Intensive Care Medicine, ²Clinic of Neurology, ³Clinic of Trauma Surgery and Sports Medicine and

⁴Department of Medical Statistics, Informatics and Health Economics, Innsbruck Medical University, Anichstrasse 35, 6020 Innsbruck, Austria

Total mortality (n)

47 (14.1)

	Regression	P-value	Exp (B)	95% CI	
PT (%)		0.005	0.951	0.919	0.985
aPTT (s)		0.002	1.027	1.010	1.045
DD ratio		0.001	1.053	1.021	1.086
Fibrinogen (mg dl ⁻¹)	-0.003	0.547	0.997	0.988	1.007
Platelets (G litre ⁻¹)	0.002	0.797	1.002	0.989	1.014
EXTEM CT (s)	0.010	0.036	1.010	1.001	1.019
EXTEM CFT (s)	0.001	0.017	1.001	1.000	1.002
EXTEM MCF (mm)	-0.61	0.022	0.940	0.892	0.991
EXTEM LI 60 (%)	-0.040	0.001	0.961	0.938	0.983
FIBTEM MCF (mm)	-0.009	0.869	0.991	0.892	1.101

n. var. = 10

$47/10 = 4,7$

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⁴Department of Medical Statistics, Informatics and Health Economics, Innsbruck University Hospital, Anichstrasse 35, 6020 Innsbruck, Austria

25 su 45 = 55%

3 rapide regole per individuare la “cattiva” regressione logistica

1. Il numero di variabili per ogni evento (ad es. Morte) non deve essere < 10

2. Il numero di variabili non deve essere “basso” per spiegare il fenomeno clinico

ORIGINAL ARTICLE

Fibrinogen levels during trauma hemorrhage, response to replacement therapy, and association with patient outcomes

C. ROURKE,*¹ N. CURRY,†¹ S. KHAN,* R. TAYLOR,† I. RAZA,* R. DAVENPORT,* S. STANWORTH† and K. BROHI*

*Trauma Sciences, Blizard Institute, Barts and the London School of Medicine and Dentistry, Queen Mary University of London, London; and † National Health Service Blood & Transplant/Haematology, John Radcliffe Hospital, Oxford, UK

Table 3 Independent variables associated with mortality

Parameter	Odds ratio	95% CI	P-value
Fibrinogen level	0.22	0.10–0.47	< 0.001
Injury severity	1.03	1.00–1.06	0.07
APTT	1.05	1.01–1.09	0.02
Gender (female)	2.46	1.04–5.81	0.04
Age	1.05	1.02–1.07	< 0.001

APTT, activated partial thromboplastin time; CI, confidence interval.

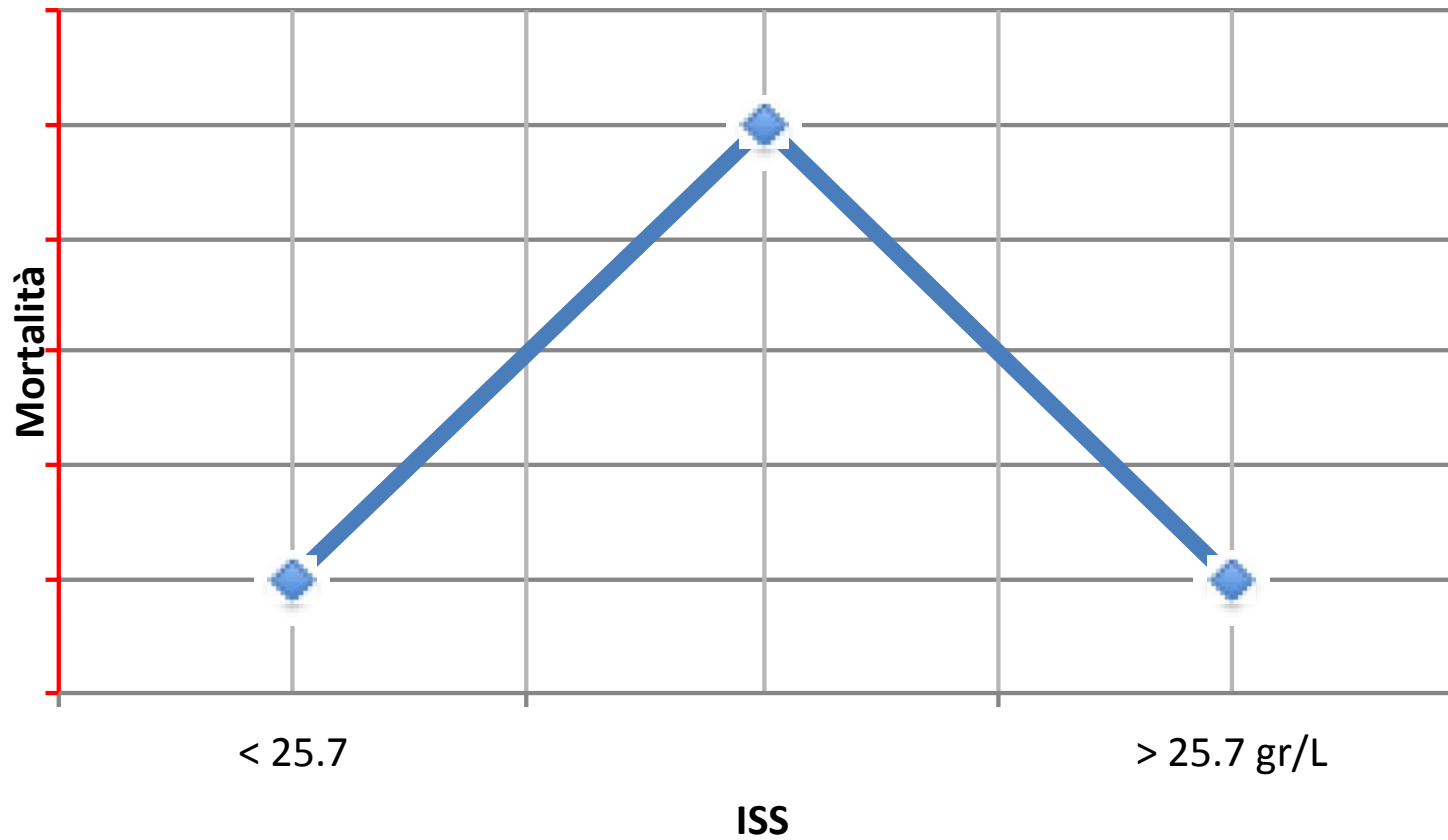
3 rapide regole per individuare la “cattiva” regressione logistica

1. Il numero di variabili per ogni evento (ad es. Morte) non deve essere < 10

2. Il numero di variabili non deve essere “basso” per spiegare il fenomeno clinico

3. Risultati paradossali o quantitativamente “eccessivi”

Prevalence, predictors and outcome of



gr/L
(100 ml)

Independent variable

P value

< 0.001

0.076

Tak

Fibr

RESEARCH

Open Access

Prevalence, predictors and outcome of hypofibrinogenaemia in trauma: a multicentre observational study

Jostein S Hagemo^{1,2*}, Simon Stanworth³, Nicole P Juffermans^{4,5}, Karim Brohi⁶, Mitchell Jay Cohen⁷, Pär I Johansson^{8,9}, Jo Røislien^{1,10}, Torsten Eken¹¹, Paal A Næss¹² and Christine Gaarder¹²

2.29 gr/L
(229 mg/100 ml)

Table 2 Linear and piecewise linear multiple logistic regression models with 28-day mortality as the dependent variable

	Linear model		Piecewise linear model		
	Odds ratio v	P value	Segment	Odds ratio (95% CI)	P value
Fibrinogen (g/l) ^a	0.46 (0.31, 0.67)	< 0.001	Lower	0.08 (0.03, 0.20)	< 0.001
			Upper	1.77 (0.94, 3.32)	0.076

II Survival Bias

Survival in Academy Award–Winning Actors and Actresses

Donald A. Redelmeier, MD, and Sheldon M. Singh, BSc

Ann Intern Med. 2001;134:955-962.

Annals of Internal Medicine

ACADEMIA AND CLINIC

Do Oscar Winners Live Longer than Less Successful Peers? A Reanalysis of the Evidence

Marie-Pierre Sylvestre, MSc; Ella Huszti, MSc; and James A. Hanley, PhD

Ann Intern Med. 2006;145:361-363.

JAMA Surg. 2013 February ; 148(2): 127–136. doi:10.1001/2013.jamasurg.387.

The Prospective, Observational, Multicenter, Major Trauma Transfusion (PROMTT) Study: Comparative Effectiveness of a Time-varying Treatment with Competing Risks

Multivariable Cox regression models examining the association of plasma and platelet transfusion ratios with in-hospital mortality

A. Time Interval 1: Minute 31 to hour 6 post ED admission^a (N=876)^b

	<i>Continuous transfusion ratio variables</i>				<i>Categorical transfusion ratio variables</i>					
	HR	95% CI	P value	Low <1:2		Moderate ≥ 1:2–<1:1		High ≥1:1		
				HR	P value	HR	P value	HR	P value	
Early initial and time-varying plasma:RBC ratios	0.31	0.16	0.58	<.001	1.00	Ref	0.42	<.001	0.23	<.001
Early initial and time-varying platelet:RBC ratios	0.55	0.31	0.98	.04	1.00	Ref	0.66	0.16	0.37	0.04
Sum of blood product transfusions	1.05	1.04	1.06	<.001	<i>c</i>					
Age	1.01	1.00	1.02	.03						
Injury Severity Score	1.02	1.01	1.04	.001						
Time interval at cohort entry	0.73	0.63	0.86	<.001						
Bleeding from the head	3.73	2.15	6.45	<.001						
Bleeding from the chest	1.52	0.96	2.39	.07						
Bleeding from a limb	0.54	0.32	0.89	.02						

Confounding
by indication

II Propensity Score

Confounding by indication

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Table 4 Effect of fibrinogen administration on 28-day mortality (conditional on 12-h survival)

Parameter	Odds ratio	95% CI	<i>P</i> -value
Fibrinogen given in first 12 h	0.91	0.81–1.01	0.08
Injury severity	1.06	1.03–1.10	< 0.001
APTT	1.10	1.04–1.16	0.001
Age	1.03	1.01–1.05	0.005
Gender (female)	3.03	1.24–7.39	0.01

APTT, activated partial thromboplastin time; CI, confidence interval.

High Ratios of Plasma and Platelets to Packed Red Blood Cells Do Not Affect Mortality in Nonmassively Transfused Patients

Chitra N. Sambasivan, MD, Nicholas R. Kunio, MD, Prakash V. Nair, MS, Karen A. Zink, MD, Joel E. Michalek, PhD, John B. Holcomb, MD, Martin A. Schreiber, MD, and the Trauma Outcomes Group

(*J Trauma.* 2011;71: S329–S336)

TABLE 3. Proportional Hazards Analysis of In-Hospital Mortality in Terms of FFP:PRBC Ratio Category (<1:1, ≥1:1)

Independent Variable*	RR	95% CI	p
FFP:PRBC ratio [†]	0.872	0.551–1.378	0.56
ISS	1.031	1.016–1.046	<0.001
GCS	0.877	0.838–0.917	<0.001
PTT	1.015	1.010–1.019	<0.001
Propensity Score [‡]	0.938	0.901–0.977	0.002

* Multivariate propensity-adjusted proportional hazards model of time to death in terms of FFP:PRBC ratio category, ISS, GCS, PTT, and propensity score (n = 618 used in the model).

<1:1 (referent) or ≥1:1.

Score = 17.44 – 0.12 × (age) – 1.10 × (admission hemoglobin) + 0.82 × (admission base deficit).

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(*J Trauma.* 2011;71: S329–S336)

TABLE 4. Proportional Hazards Analysis of In-Hospital Mortality in Terms of PLT:PRBC Ratio Category (<1:1, ≥1:1)

Independent Variable*	RR	95% CI	<i>p</i>
PLT:PRBC ratio [†]	1.031	0.555–1.918	0.92
Age	1.027	1.019–1.035	<0.001
ISS	1.051	1.039–1.062	<0.001
Propensity score [‡]	1.058	1.017–1.100	0.005

* Multivariate propensity-adjusted proportional hazards model of time to death in terms of PLT:PRBC ratio, age, ISS, and propensity score (n = 1,051 used in the model).

<1:1 (referent) or ≥1:1.

Score = $-7.37 - 0.049 \times (\text{admission platelets}) + 1.07 \times (\text{admission hemoglobin})$.

Scientific research

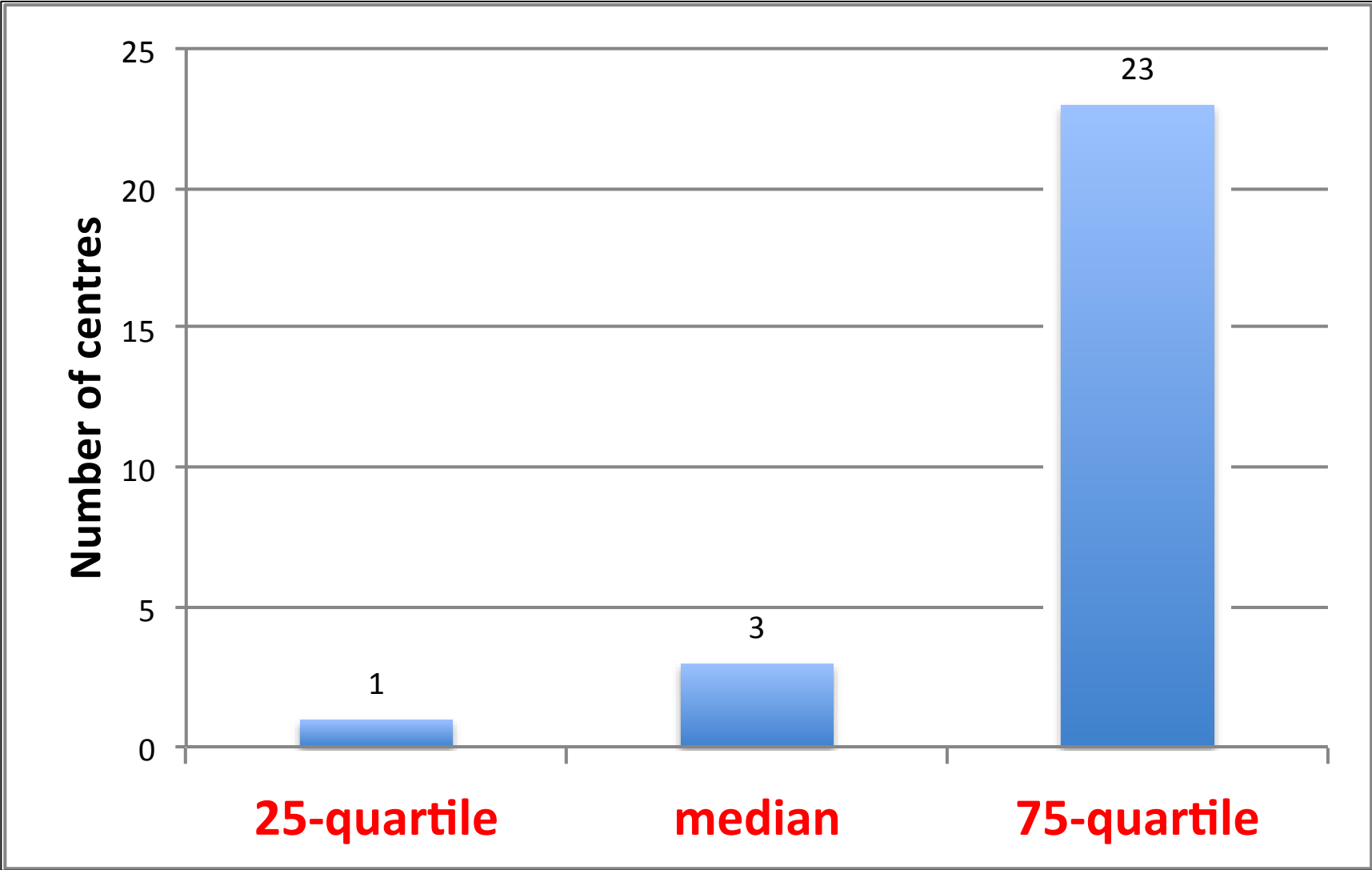
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graph TD; A[Scientific research] --> B[Internal validity]; A --> C[External validity]; B --> D[Elimination of any source of bias]; C --> E[Applicability to other contexts];
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Internal validity

External validity

Elimination of any
source of bias

Applicability to
other contexts



The Ratio of Blood Products Transfused Affects Mortality in Patients Receiving Massive Transfusions at a Combat Support Hospital

Matthew A. Borgman, MD, Philip C. Spinella, MD, Jeremy G. Perkins, MD, Kurt W. Grathwohl, MD, Thomas Repine, MD, Alec C. Beekley, MD, James Sebesta, MD, Donald Jenkins, MD, Charles E. Wade, PhD, and John B. Holcomb, MD

J Trauma. 2007;63:805–813.

- Condotta a Bagdad
- 246 pazienti, 3 di sesso femminile
- Età media 24
- 94% di ferite penetranti
- Durata degenza mediana = 1 giorno

Effects of tranexamic acid on death, vascular occlusive events, and blood transfusion in trauma patients with significant haemorrhage (CRASH-2): a randomised, placebo-controlled trial



Lancet 2010; 376: 23-32

CRASH-2 trial collaborators*

Dead	1463 (14.5%)	1613 (16.0%)	0.91 (0.85-0.97)	0.0035
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Riduzione assoluta di mortalità del 1,5%

Condotto prevalentemente in paesi in via di sviluppo

Indicazione a **somministrarlo in 3 ore** frutto di analisi per sottogruppi che per definizione possono generare solo **ipotesi**

RESEARCH

Open Access

Management of bleeding and coagulopathy following major trauma: an updated European guideline

Donat R Spahn¹, Bertil Bouillon², Vladimir Cerny^{3,4}, Timothy J Coats⁵, Jacques Duranteau⁶, Enrique Fernández-Mondéjar⁷, Daniela Filipescu⁸, Beverley J Hunt⁹, Radko Komadina¹⁰, Giuseppe Nardi¹¹, Edmund Neugebauer¹², Yves Ozier¹³, Louis Riddez¹⁴, Arthur Schultz¹⁵, Jean-Louis Vincent¹⁶ and Rolf Rossaint^{17*}

Massive bleeding = massive transfusion(?): patients receiving at least 10 U PRBC within the first 24 hours

We recommend the initial administration of plasma ... (Grade **1B**) ... in patients with massive bleeding.

A practical guideline for the haematological management of major haemorrhage

Beverley J. Hunt,¹ Shubha Allard,² David Keeling,³ Derek Norfolk,⁴ Simon J. Stanworth,⁵ Kate Pendry⁶ and on behalf of the British Committee for Standards in Haematology

¹Department of Haematology, GSTT, St Thomas' Hospital, ²Department of Haematology, Royal London Hospital, London, ³Oxford Haemophilia and Thrombosis Centre, Oxford University Hospitals, Churchill Hospital, Oxford, ⁴Department of Haematology, Leeds Hospital, Leeds, ⁵NHSBT/Department of Haematology, John Radcliffe Hospital, Oxford, and ⁶Patients' Clinical Team, NHSBT, Manchester, UK

British Journal of Haematology, 2015, **170**, 788–803

Our arbitrary definition of major haemorrhage is bleeding which leads to a heart rate more than 110 beats/ min and/or systolic blood pressure less than 90 mmHg.

Adult trauma patients with, or at risk of, massive haemorrhage should initially be transfused empirically with a 1: 1 ratio of plasma: red blood cells (1B).

Raccomandazioni per l'implementazione del programma di
Patient Blood Management
Applicazione in chirurgia ortopedica maggiore elettiva dell'adulto

... pazienti con sanguinamento critico (> 40% della volemia) ...

I protocolli di trasfusione massiva basati sull'impiego di schemi e rapporti fissi ed elevati tra emocomponenti ... non sono attualmente supportati da evidenze solide ...

When Does Intellectual Passion Become Conflict of Interest?

Financial conflicts of interest are very much in the news in cutting-edge biotechnology. The confusion of the scientific procedures for research and practice. But in talking about financial conflicts, *Science* heard one refrain over and over again: that money problems are simple compared to the intellectual conflicts of interest that scientists have always had to deal with.

What did those researchers mean by in-

All researchers tend to “mythologize” their research, says Boston University’s philosopher of anthropology, Misia Landau. And this isn’t

proving a thesis, therefore, scientists must be sustained by something that approaches faith. And, as paleontologist-essayist-historian Stephen Jay Gould says, it is a “pervasive fact of human existence as social beings” that we

find it extraordinarily difficult to step outside our own convictions and see them through the eyes of a detached observer.

Every researcher relies on personal intuition to some extent, so the important question is: When does a scientist’s enthusiasm for an idea cross the line that separates passion from

...ologist to recognize scientists can s whom they es, no longer evenhanded ites are right. advanced by the obsessed individual, not by the doubting peers.

To examine the intertwined positive and negative aspects of commitment to one’s own hypotheses, *Science* chose three cases in which researchers seemed to have an unusual per-

Grazie